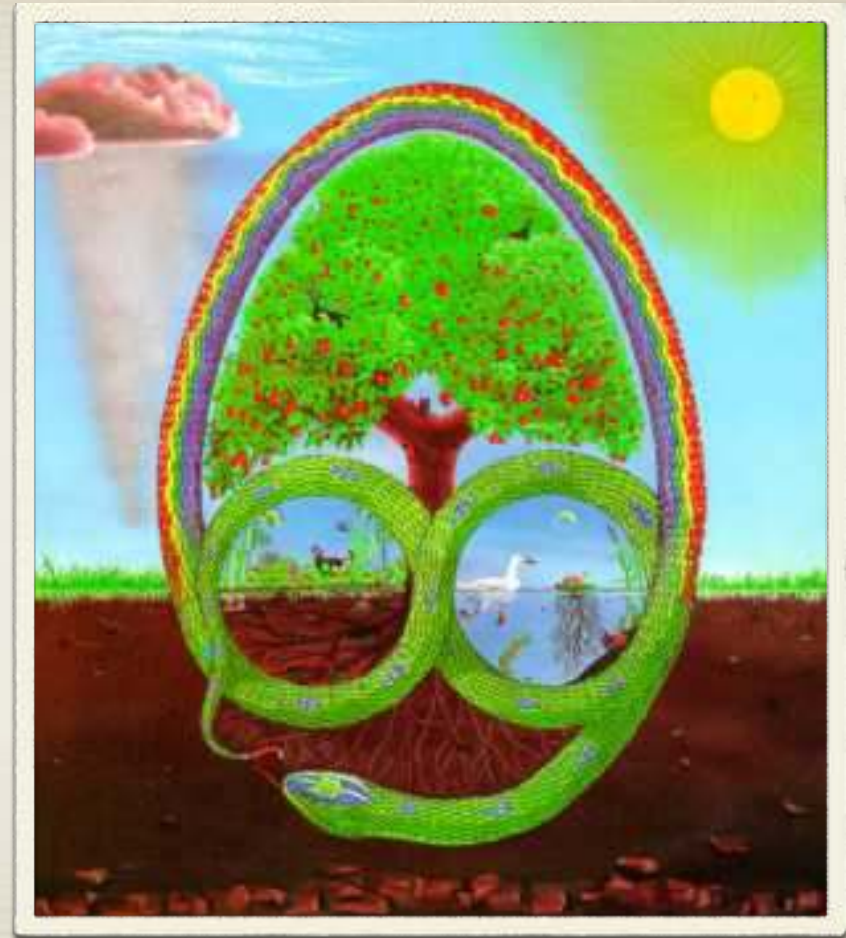


# Permaculture Relationships

## Phase 3 — Survival of the Fittest

Why  
Permaculture  
Relationships?





A small green seedling with several leaves is growing out of a mound of reddish-brown soil. The background is a dark, gradient blue-grey. The text 'PHASE 3 Sober Up' is overlaid on the image in a white serif font.

PHASE 3  
Sober Up

What's no longer  
growing is dying.



# Has Your Relationship Served It's Purpose?

- \* What is the best that could happen with the partnership?
- \* Is this a chance to move on?
- \* Are you afraid of change or hard work?



# Are you at an inflection point?

- \* Transformation into greater complexity requires massive dedication and energy
- \* Your relationship is at the threshold of commitment
- \* The greater rewards lie ahead



# Resilient Couples are Built through Hard Times

- Now is the time to define the relationship that you want
- Nature tests all untruths and discards the faulty





# Method #1 — Cross Roads

- \* What is the best thing that could happen if you stay together?
- \* What is the best thing that could happen if you break up?
- \* Which road is your highest good?
- \* Why are you afraid to take that path?
- \* What exterior forces could block that path?



# Method #2 — Why We Fight

- \* Collaborate with your partner and lay out your life dreams as individual and as a couple
- \* Rank them in order, equitably
- \* Make a vision board, plan, diagram, timeline, or other visual representation(s) that instills an emotional response when each partner sees it.



# Permaculture Relationships

## Phase 3 — Survival of the Fittest

<http://offgridpermaculture.com/relationships/>