

# Permaculture Relationships

## Phase 2 - Choosing the Right Zone

### Method #1

#### Share Your Dreams

Write down / explain your dream(s) to your partner.

Write down / explain your biggest fears to your partner.

Ask your partner what would make them feel successful in life.

Ask your partner what would make them feel like a failure in life.

Poorly defined answers to these questions indicate more work need done to introspect in these areas. Everyone has an answer, they just need to find what it is.

### Method #2

#### Role Play

Play house with your mate, in real life or via imagination. Try to make the experience as real as possible and explore many different and interesting possibilities for what your life as a couple might be like.

Try to make the experience as real as possible, so if you plan in one person having a garden, say, at least go out and play in the dirt for a while, even if you don't have a garden at the moment. Be like a child emulating their parents, except you are emulating your ideal self in the partnership.

Don't assume everything will be perfect when defining your role plays. Include run of the mill chores like taking out the trash and tough situations like who will take care of a sick child who has to stay home from school.