

Permaculture Relationships

Phase 1 - Planting the Seed

Method #1

Find a Partner Who Fills in Your Weak Spots

What are your biggest strengths? (list at least 10)

What are your biggest weaknesses? (list at least 10)

What are your partner's biggest strengths? (list at least 10)

What are your partner's biggest weaknesses? (list at least 10)

Ask your partner to fill this worksheet out as well. Also, ask a friend or family member who knows each of you well to answer the questions as well. Compare the results and see what strengths match the other's weaknesses.

Method #2

Matching Habits

Write down the 10 life choices / habits that are most important to you?

Write down the 10 life choices / habits that are the deepest in you daily life?

(may be wanted or unwanted, such as cleanliness or smoking, so long as you engage in them unconsciously or impulsively)

Fill in more over time as they are discovered. Compare your lists with your partner and watch out for deal breakers.